

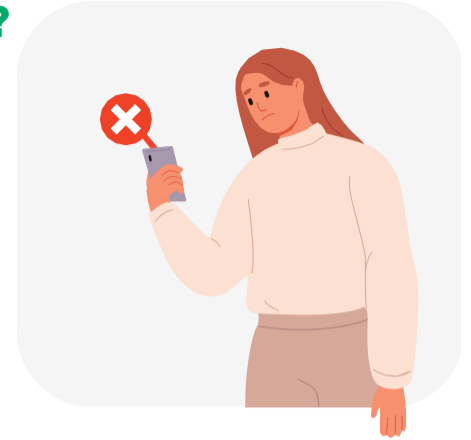
Ka illaali Naftaada

Warbixinta qaldan ee Caafimaadka

Waa maxay warbixinta qaldan ee caafimaadka?

Warbixinta qaldan waa **warbixin been ah, aan sax aheyn, ama marin habaabin ah** sida waafaqsan cadeynta ugu fiican ee la heli karo waqtiga.

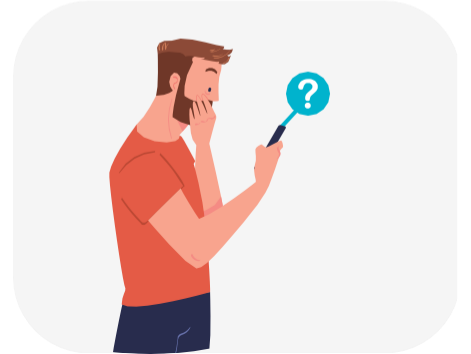
Warbixinta qaldan ee caafimaadka waxay faafin kartaa sheegashooyin been ah ee ku saabsan cudurada, jirooyinka, daaweynada imaan karta iyo daaweynada, tallaalada, cuntooyinka, habraacyada qurxinta, iyo arimaha kale ee caafimaadka.



Sida loo ogaado warbixinta qaldan ee caafimaadka

Weydii su'aalo haddii aadan hubin

Miyay warbixinta macno leedahay? Miyay u muuqataa mid aan la aamini karin?



Hubi haddii websaydyada lagu kalsoonyahay ay wadaageen warbixintaan

Ku qor sheegashada aalada raadinta.

Miyay illo lagu kalsoonyahay wadaageen warbixintaan sidoo kale?

Fiiri cida qortay tasmada

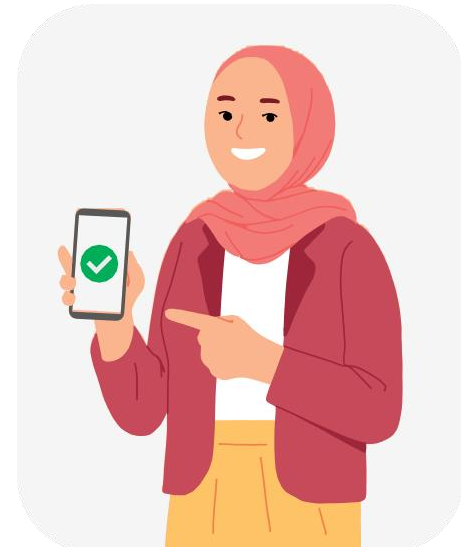
Ma waxaa qoray xirfadlaha daryeelka caafimaadka ama saynisyahanka warbixinta?

Hubi cadeynta

Ma jiraan cadeyn hadda ah ee taageereyso sheegashada?

La hadal xirfadlaha daryeelka caafimaad ee lagu kalsoonyahay

Weydii dhaqtarkaaga ama kaalisada haddii warbixinta ay ku quseyso adiga.



Wax badan ka aqri warbixinta qaldan ee caafimaadka
[SurgeonGeneral.gov/HealthMisinformation](https://www.SurgeonGeneral.gov/HealthMisinformation)

Illaha:

- Xafiiska Qaliinka Guud
- Maktabada Qaranka ee Daawada
- Cusbooneysiinta ugu dambeysay: 2023



libguides.sdsu.edu/health/avoid-misinformation